

Book Art

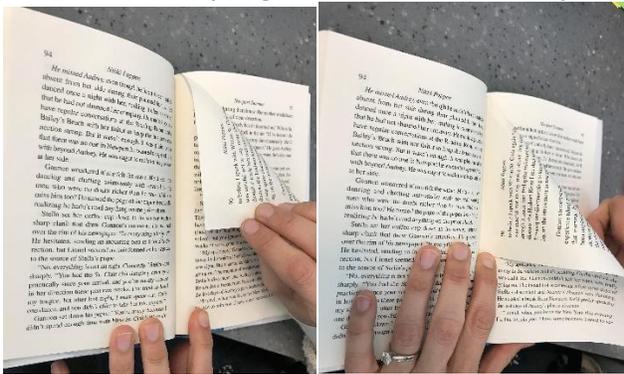
Supplies needed:

- Recycled/used hardcover books
- Black Cardstock (to cut out designs on Cameo or Cricut)
- Glue stick
- 3D printed topper (optional)
- Spray paint for topper (optional)
- Glitter for topper (optional)

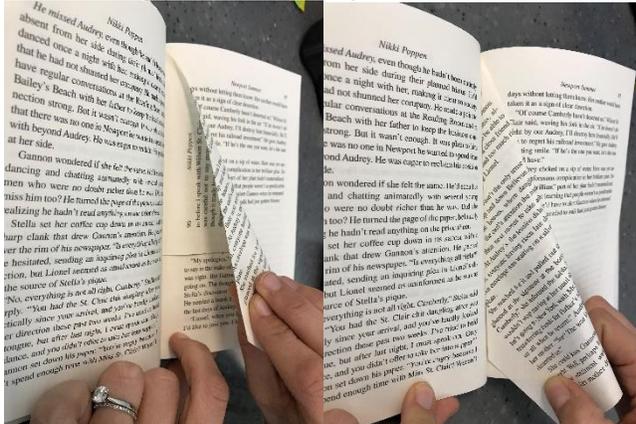


Instructions:

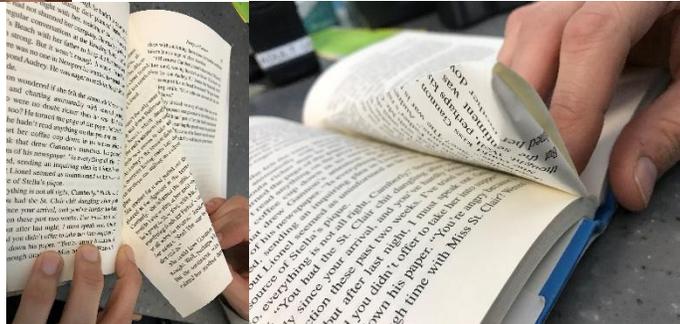
1. Take the dust cover off the book(s).
2. Find the middle of the book, count 10 pages to left and 10 pages to the right of the center. These are the 20 pages you will be folding for the middle “tree”.
3. Start with the middle most page.
 - a. Fold the top right corner into the spine.



b. Fold again into the spine.



c. Tuck the bottom into the fold.



d. Continue folding each page like this until you have folded about 20 pages total.



4. After all the desired pages are folded, use a glue stick to attach the silhouettes you have cut from the cameo.



5. Place topper in between the binding and pages of the book. Optional to spray paint and add glitter to topper before you place in book.



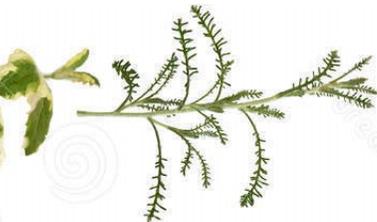


DIY Dino Terrarium Instructions

1. Open the Mason Jar
2. Add a thin layer of pebbles to the bottom of the jar
3. Add a layer of soil
4. Add some moss
5. Place the Dinosaurs to their new home
6. Lightly mist your terrarium once a week as needed

You're Dino-Mite and created a Terrarium!

Created by Shoshana Frank, Naperville Public Library



DIY Dino Terrarium Instructions

1. Open the Mason Jar
2. Add a thin layer of pebbles to the bottom of the jar
3. Add a layer of soil
4. Add some moss
5. Place the Dinosaurs to their new home
6. Lightly mist your terrarium once a week as needed

You're Dino-Mite and created a Terrarium!

Created by Shoshana Frank, Naperville Public Library



DIY SPA Day Recipes

Supplies for Eye Pillow:

1 cup dry rice

Lavender essential oil

Clean knee high sock



Supplies for Sugar Scrub:

1/3 cup sugar

3 tablespoons of extra virgin olive oil

Lemon essential oil

4 oz glass jar



Supplies for Foot Soak

½ cup of baking soda

¼ cup Epsom salt

Peppermint or lavender essential oil

Plastic bag



Instructions for Eye pillow:

1. Pour 1 cup of dry rice into a bowl.
2. Add 10 drops of the essential oil and stir.
3. Tie a knot at the heel of the sock.
4. Pour the rice mixture into the sock.
5. Tie a knot on the open end of the sock. *Replace the rice and essential oil every six months.

Two ways to use the eye mask:

- Place the eye pillow into the freezer for a few hours, then rest the pillow across your eyes for 15 minutes. This can help soothe puffy eyes.
- Warm up the eye pillow in the microwave for 30 seconds. Be sure to check the temperature with the back of your hand before placing it on your eyes.

Instructions for Sugar Scrub:

1. Pour 1/3 cup of sugar into a bowl.
2. Add 3 tablespoons of extra virgin olive oil and stir.
3. Add 10 drops of lemon essential oil and stir.
4. Store the sugar scrub in a 4 oz glass jar. *Add more olive oil if the scrub is too dry.

How to use the sugar scrub:

- Put a tablespoon or so of the sugar scrub on your hands. Rub your hands together for 30 seconds. Rinse well with water. Continue to massage left over oil into skin.

Instructions for Foot Soak:

1. In bowl, mix together ½ cup of baking soda and ¼ cup of Epsom salts.
2. Once mixed, add 5 drops of essential oil. *For a re-energizing effect, use peppermint. For a soothing soak, use lavender.

How to use the foot soak:

- Fill your bathtub or basin with enough warm water to cover your feet. Pour half of the foot soak into the warm water. Soak your feet for 20 minutes.



Fuzzy Sock Gnomes

Supplies Needed (per participant):

2 fuzzy socks (ideally in different colors/patterns)

1-2 cups of rice

2 small rubberbands

1 3" square of faux fur

1 small pompom in a skin tone

Optional: 1 cardboard cone

Scissors

Hot Glue

Glue Gun

Instructions:

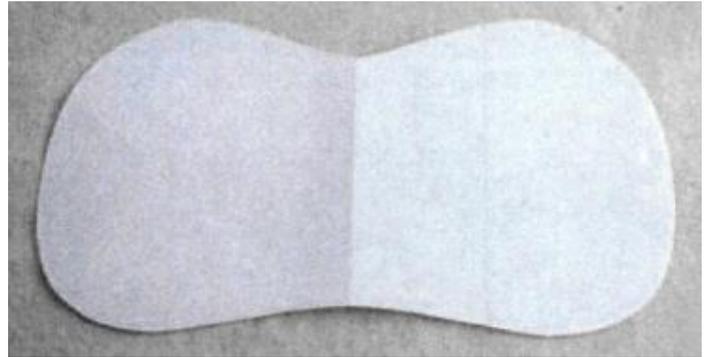
1. Pour rice into the fuzzy sock that will become the gnome's body.
2. Tie off the sock with a rubber band. Trim excess sock, leaving about 1" of sock above the rubberband. Glue the 1" buffer down to the body portion to flatten out the top.
3. Cut the faux fur into a triangular shape for the gnome's beard. Glue the beard near the top of the gnome's body with the point of the triangle pointing downward.
4. Glue the pompom to the middle of the upper edge of the triangle. This will be the gnome's nose.
5. OPTIONAL: Glue the cardboard cone to the top of the gnome's head. This will act as a support for the gnome's hat.
6. Roll a small cuff around the bottom edge of the second sock. Fit the sock over the top of the gnome's head (and the optional cardboard cone, if using) to create a hat. Use the second rubberband to tie off the toe of the second sock.



Recycled Book Pumpkins



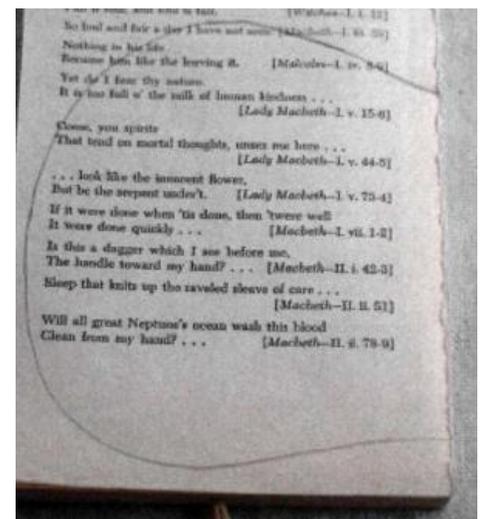
1. Make a pumpkin pattern, with a flat bottom (different from the picture) out of a piece of paper. Fold the paper in half to draw the shape then cut so both sides will be symmetrical. Similar to cutting out a heart shape.



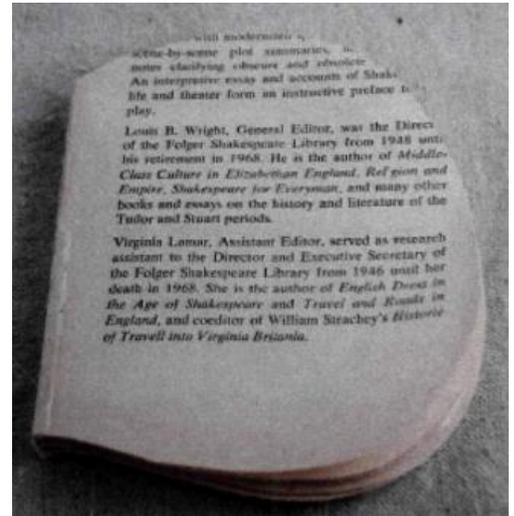
2. Place the pumpkin pattern on both sides of each half of your books. Place it so the flat bottom lines up with the bottom of the book. You will be cutting the loose pages and keep the binding intact.



3. Trace the pumpkin pattern with a pencil. Then, using scissors, cut through about 5-6 pages at a time. Cut slightly inside the pencil mark otherwise the pumpkin will get bigger. You can trace a new pumpkin pattern after every new cut for ease. You want to cut the loose side and keep the binding intact, do not pull the cut pages off of the binding.



4. After cutting both halves of your book they should look like the picture but with a flat bottom edge.



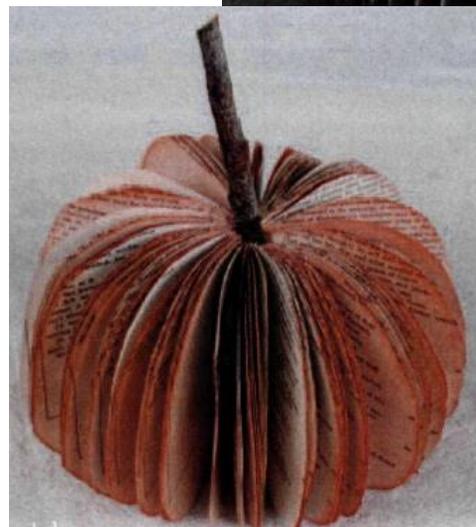
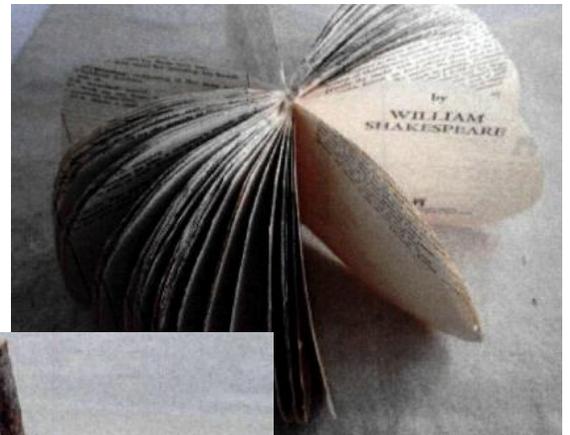
5. Take the two book halves and dab the edges in the ink pad.
6. Bend/break the binding in as many places as you'd like to spread out the pages.

7. Two options to create the pumpkin:

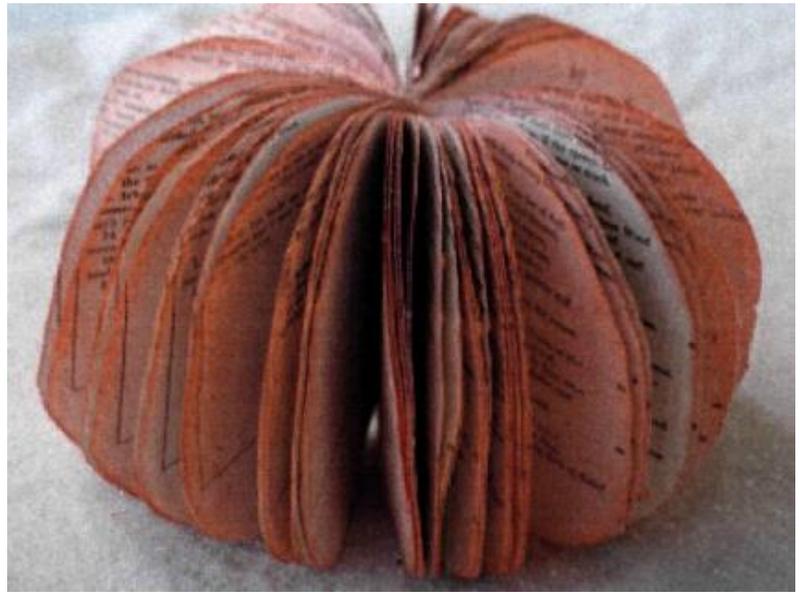
Glue one half to the stem, bending the binding so that the pages are fluffed out. Then glue the other half the same way to the stem.

OR

Glue the two halves together. Then add the stem on top, see the pictures.



8. You can fluff out the pages further to your preference. You can also glue the end pages of the two halves together to reduce any gaps.



9. Finally tie the ribbon around the stem. You can also add a curled pipe cleaner or other accessories to taste.



Upcycled Vinyl Records

Supplies:

Vinyl Records

Hot Glue Guns

Hot Glue Sticks

Paint

Paint Brushes

Paper plates for paint palates

Cups for water

Instructions:

1. First decide on the design of your record. Ideas include, geometric shapes, random designs, a message, setting sun, or anything you can think of!
2. Using a blank vinyl record and a hot glue gun create puffed shapes.
3. After the hot glue has dried add paint to the glue (this creates a unique puff paint appearance).
4. If you decide to skip using the hot glue, begin painting directly on the vinyl record!

